SFDPH STD Prevention

Susan Philip MD MPH
Director, Disease Prevention and Control
Deputy Health Officer
Population Health Division
San Francisco Department of Public Health
Population Health Division Framework

Guided by Strategic Vision, Action Plans, and Values

DATA SCIENCE & KNOWLEDGE INTEGRATION* (ARCHES, CPHR, Bridge HIV)

STRATEGIC PLANNING: Office of Health Equity & Quality Improvement

HEALTHY PLACES (Protection) - Environmental Health

HEALTHY PEOPLE (Promotion) - Community Health Equity and Promotion

DISEASES (Prevention) - Disease Prevention and Control

DISASTERS (Preparedness) - Emergency Preparedness and Response, and EMS

SF Health Network (SFHN) and Community & Academic Partners

1. Safe and Healthy Living Environments (CHIP)
2. Healthy Eating and Physical Activity (CHIP)
3. Access to Quality Care and Services (CHIP)
4. Black / African American Health
5. Maternal, Child, and Adolescent Health
6. Health for People at Risk or Living with HIV

OPERATIONS: Office of Operations, Finance, and Grants Management

WORKFORCE: Center for Learning and Innovation
What Influences STD Transmission?

- Likelihood of exposure to infected partner
- How long is a partner infectious
- How many partners without condoms
- Local STD epidemiology
- Sexual behavior
- Screening and treatment
- Are condoms accessible?
- Sexual behavior
Example Program Measure: How Quickly Can We Contact a Person with Syphilis for Partner Services after their case is reported to us?

- **Percent of cases contacted within 1 day**
  - 78% in 2010
  - 94% in 2015
- **Goal**
  - 85% contacted within 1 day by 12/31/16
New Approaches to STD Prevention in Men Who Have Sex with Men (MSM)
New Approaches are needed to reduce STDs in the Era of Biomedical Prevention for HIV
Context for New Activities for STD Prevention in MSM in San Francisco

• Decreased condom use associated with biomedical HIV Prevention – antiretroviral treatment more commonly than PrEP
• STD increases are occurring nationally in MSM. San Francisco is on leading edge.
• SFDPH is in close partnership directly with CDC and also with other cities via National Coalition of STD Directors
  – NCSD Annual Meeting Panels (Performance measures, PrEP)
  – CDC Syphilis Consultation January 2016
• Because we don’t yet have preventive treatment or vaccines for STDs, sexual health behaviors such as using condoms and working with us to notify partners will be key to lowering rates.
• Sexual health behaviorist consultant will build on community engagement efforts to date (focus groups, town hall meetings).
New Activities for STD Prevention in MSM

Decrease likelihood of exposure to infected partners

- Sexual Behavioral health consultant – contract in progress
- New STD education and condom media campaign: Jan-March 2016
- Diagnosis and treatment (community based, City Clinic, Magnet)
- Partner services and preventive treatment

Decrease the time a person is infectious

- Increased community-based Screening by SFDPH CHE&P branch - current
- Diagnosis and treatment (community based, SF Health Network, City Clinic, Magnet, other clinical providers)
- Partner services and preventive treatment

Increased condom use

- Community Engagement (focus groups, town halls)
- Sexual Behavioral health consultant
- New STD education and condom media campaign
- Coordinate with Getting to Zero Efforts, including new SFDPH PrIDE grant from CDC
Come Join Us at the Town Hall Meeting

July 6, 2015, 6p.m.
Glide Freedom Hall, 330 Ellis St (Cross Street Taylor)
Or
July 7, 2015, at 6p.m.
San Francisco Friends Meeting, 65 Ninth Street (Cross Street Mission)

We need outspoken gay/bisexual men to talk about sexual health and ideas about how to prevent sexually transmitted diseases in our community.

We would like your opinion on what works, what doesn’t work, and what could work.

Let’s Take PRIDE in Our Community Wellness!

Refreshments will be provided
New Approaches to STD Prevention in Young Women
New Activities for STD Prevention in young B/AA women

- **Decrease the likelihood of exposure to infected partners**
  - New STD education and condom media campaigns (some overlap with MSM)
  - Partnership with SFHN in Black/African American (BAAHI) measure: CT screening in young women
  - Diagnosis and Treatment

- **Decrease the time a person is infectious**
  - Pilot of home-based screening for gonorrhea and chlamydia
  - Partnership with SFHN in Black/African American (BAAHI) measure: CT screening in young women
  - Diagnosis and Treatment

- **Increased condom use**
  - Plan for Community Engagement (focus groups, town halls)
  - Sexual behavioral health consultant
  - New STD education and condom media campaigns (some overlap with MSM)
  - Condom distribution
Black/African American Health Initiative

- Chlamydia identified as a key health disparity for young B/AA women in San Francisco
- Ayanna Bennett MD, MPH
- Susan Philip MD, MPH
- Initial focus on clinic level; work with community and partner agencies to follow
Our Goal is to ensure DPH primary care clinics screen sexually active women ages 15 to 25 yrs old for Chlamydia

Key Questions:

- What are the current screening rates?
- How can SFHN and PHD collaborate to support high levels of screening?
- Are there resources that could augment the impact of screening?
- Are there activities outside of clinic that could help?
BAAHI CT: Initial Steps

• Coordinating with Family Planning and Preconception Health (Shivaun Nestor, SFHN MCAH)

• Baseline Clinic Data from SFHN clinics: Dec 2015-Feb 2016

• Where are the Bright Spots? What are best practices from those sites?

• Incubator for new strategies – 3rd Street Youth Center and Clinic: start Jan 2016 (ongoing)
Pilot: Self-Collected Screening Jan-July 2016
Making Screening Easier for Women and Clinics
We Need New Tools for STDs

• Vaccines
• Rapid tests
• Preventive Treatment
• Condoms that people want to use!
Thank you